



# Thinking Globally, Acting Locally.

Nurturing Social Workers for Just Societies



(Affiliated to Purbanchal University)

# KADAMBARI MEMORIAL COLLEGE SCIENCE & MANAGEMENT

School of Social Work

Kathmandu, Nepal

## Welcome!

ducation is a process. It is a continuum mechanism which creates momentum of learning, experiencing, exploring and growing as scholars and professionals. With this notion, Kadambari Memorial College of Science and Management, the School of social work has been delivering Bachelor of Social Work (BSW) from 2005 as pioneer Social Work Institute in Nepal

In this 13 years, we have nurtured more than 200 graduates as professional social workers, enhanced our social work pedagogy toward experiential and practice based learning. In our adherence to 10 core competencies for social work practice identified by the Council on Social Work Education , CSWE in USA, our contact classes , field work practicum and co curricular activities—are based in the competency based framework to provide the action oriented learning in all of its eight semester. In this endeavor, we have remodeled our social work field practicum to the global standards and extended our international students field practicum and study tour to Australia, Columbia, India, Canada, USA and Singapore. We are dedicated to craft the knowledge and skills of global social work in the heart of our students, expose them to challenges and build their competency to perform locally in any context and continent.

Social Work is our passion and profession. We have been moving towards inclusion to provide accessibility to students with different challenges including mobility challenges to our campus. We have owned the SDGs goal no 4, 10 and 11 as per our capacity and competency to provide quality education, reduce inequalities and contribute to sustainable cities and communities through our policies and programs.

I thank Purbanchal University, all of our students, parents, our field work educators, collaborators, partners and well wishers for their solidarity and support to embolden us in our commitment to quality social work education in this decade long journey and wish to be together in coming year as well.



**Ms. Pradipta BP Kadambari**  *Principal* Kadambari Memorial College





## Kadambari

ith this vision, Kadambari Memorial College was established as not for profit, private higher educational institute by a group of passionate scholars in 2005. The group has established a social organization called Sutra Centre for Development Education and Research (Sutra Centre) as a mother organization to promote social justice and human rights in Nepal. Sutra center is also a nonprofit, nongovernmental organization registered in Social Welfare Council in 2005. The organization mission is to promote social justice through Education, Research and Practice. Kadambari Memorial College is the first initiative of Sutra Centre, dedicated to develop professional social workers with knowledge and skills crafted from higher educational pedagogy of Social Work.

In Nepal, the history of social work education in University degree has started in 1996 with BSW program offered by Kathmandu University. KMCSM has become the second college of social work in Nepal and first college of Purbanchal University to offer bachelor of Social Work program.

Kadambari Memorial College received its recognition as affiliate College from Purbanchal University in 2005. The team member of Kadambari Memorial College was involved to propose and develop the social work program in PU. At the beginning, the course was three years, six semester programs with 90 credits. The course followed the generic framework to develop entry level social workers. The course aspired to nurture social work graduates with 250-300 hours of field work practicum in each semester and three social work camps. In 2016, the course has upgraded to four years course with 120 credits. The updated curriculum followed the competency based frame work of 10 core competencies of social work practice identified by the Council on Social Work Education. Kadambari Memorial College, team of School of Social Work was privileged to play their part in the four years course revision for PU. At present, the team is equally involved to revise the MSW curriculum for PU along with other experts.

From its inception, Kadambari Memorial College has built its linkages with international schools of social work and organization of social work. It is a member of united academic impact (UNI), International Association of School of Social work (IASSW), Asia pacific university community engagement network (APUCEN). It has developed partnerships with different universities and colleges around the globe to work together in harnessing global social work knowledge and skills amongst the students and faculty members. It hosts international Social Work field work practicum and Social Work study tour. Griffith University, School of human service, University of Queensland, Curtin University, Australia, Rajagiri College of Social Sciences, Don Bosco College of Social Sciences, India has already be to Nepal in International Social Work Field Practicum & Social Work Study Tour. The college has conducted research with Griffith University, Ohio State University and University of Utah and aspires to collaborate with more of universities to work in collaboration to enhance



## Vision

o be an institution of excellence in higher education responding to changing social contexts, innovate and integrate knowledge and skills towards creating a people-centered, sustainable and just society that promotes and protects dignity, equality, social justice and human

## Mission

o promote the delivery of professional social worker education as a means to develop ethical, committed, skilled social workers, capable of leading social change to promote well being of marginalized and disadvantage individual, groups and communities to establish equitable and just society.

## Goals

- To nurture professional social workers to provide quality service to oppressed and marginalized sector of society and improve their socioeconomic sustainable development.
- To prepare entry-level baccalaureate social workers for generalist practice in a multiethnic, multicultural context rooted in knowledge and skills for understanding and solving complex social problems within the values and ethics of professional social work.
- To build international linkages to create a platform for exchange of students and faculties and blend international practices of social work education in nepal.



## Course Overview

he course is designed to harness graduates with knowledge and competencies of social work practitioners and researchers with foundation course, core course, applied course and practice course. Each subject is valued against 100 marks. The marks are divided into 70:30 grading system. The students write for the term end examination conducted by the University for 70 Marks. The remaining 30 marks are awarded on the basis of internal monitoring systems which depend on the subjects. Each semester of the eight semesters worth 15 credits and 1 credit consists 16 lectures of 50 minutes. This makes 3 credits subject to have 48 lectures with 1/3 of the classes allocated for tutorial classes.

KMCSM aspires to build reflective and analytical scholarship of the students from 70% class room learning and 30% tutorials, assignments and practices. The allocates 1/3rd of credit hours to individual conference, checking assignment, meeting students (mainly for absentees) and so forth to ensure quality education in the college.

The practice course allows students to apply theoretical knowledge in practical field from Social Work field practicum in different organizations two days a week for 12 (130 hrs) weeks in 1st, 2nd, 3rd and 4th semesters and 4-6 weeks (200hrs) continuous block placement in 5th, 6th and 7th semester. The course further opens up range of experiential personal and professional learning spaces through three social camps called social work labs to observe, learn, relate and act appropriately as social workers in different context of society, communities and countries.

In the eight semester, students conduct independent research in the area of their interest with the close supervision of a faculty research guide. This student's dissertation carries 8 credit weight of the 120 total credits.

The pedagogy in KMCSM is designed to impart knowledge and working competency of micro, mezzo and macro social work to enable graduates to apply critical thinking in their engagement, assessment and intervention and be able to respond to the context and shape their practice with research based information with the application of social work principles and ethics to advance human rights and social and economic justice in all societies.

## **Modules**

### Year One

**Semester I:** History and Philosophy of Social Work, Sociology for Social Work, Human Growth and Behavior, Academic English, Case Work Group Work-I, Social Work Field Practicum/Skills Lab.

**Semester II:** Psychiatric Social Work, Introduction to Nepali Society, Social Case Work and Group Work-II, Academic English-II, Social Work Field Practicum-I/Skill Lab

### Year Two

Semester III: Community Organization, Social Action, Communication for Development, Nepali language and Literature, Social Work Field Practicum-II.

**Semester IV:** Social Policy and Welfare Administration, Development Prespectives in Social Work, Mental Health and Social Work, Human Rights and Social Work Field Practicum-III.

### Year Three

**Semester V:** International Social Work, Law and Social Work, Social Work Research, Social Work Field Practicum-IV (Block), Rural Study Lab.

Semester VI: Organizational Behavior and Leadership, Family Social Work, Social Work, Social Work Research Seminar, Social Work in School, Social Work Field Practicum-V (Block).

### **Year Four**

Semester VII: Program Design, Monitoring and Evaluation, Advanced Social Work Research, Social Work in Disaster, Social Work Field Practicum-VI (Block).

**Semester VIII:** Social Work Disseration, Social Entrepreneurship, Urban Study Lab.

## Kadambari- Social Work Field Practicum

### Objective Of Fieldwork Practicum & Block Placement

#### Fieldwork Practicum:

 To enhance practical knowledge on the basis of the core competence.

#### **Block Field Placement:**

- To acquire knowledge about administrative and policy level in the organization.
- To provide opportunity to demonstrate the knowledge and skills as independent practitioner.



The success of our fieldwork program is determined by positive working partnerships with Field Educators, KMCSM and Social Work trainee





ield experience is an integral component of social work education, where students begin to connect and integrate theory and practice. Field experiences reinforce students' identification with the purpose, values and ethics of the social work profession and assist students to link classroom knowledge with experiential learning. The success of our fieldwork program is determined by positive working partnerships with Field Educators, KMCSM and Social Work trainee.

The social work field work practicum follows the framework of 10 core social work competency and nurtures students with curriculum related learning plan. This offers students the opportunity to interface experience and explore the placement in several areas of knowledge, practice, and skills of social work higher education. The first and second years introduce students to facilitate professional development and understanding of core social work values, skills and code of ethics. The placements aim to build and expand the student's professional identity and confidence. The third and fourth year placements provide space for students to build on their learning from the previous field experiences and work independently in their placement. The students are encouraged to proactively seek feedback on their performance and be responsible for their development and learning. The field work practicum in four years course period is manifested with intermittent agency placement and block placement. Social work placements are not only the opportunities for engagement but are the space to demonstrate performance.

## Field Work Practicum Process



ollowing a briefing, it is compulsory for students to attend an orientation session. The session provides students an opportunity to prepare for placement. On completion of their placement, students must also attend a session that consolidates their learning and social work practice skills.

#### Skill Lab

Throughout the placement students will attend weekly Skill Lab. The classes assist students to:

- Identify the knowledge and theory on which they base their social work practice.
- Learn about topics and issues central to the placement experience.

#### College Supervision During Fieldwork

Students attend Individual Conference (IC) and Group Conference (GC) alternate weeks during the placement period. Supervision is central to a student placement as it provides a safe, supportive and challenging forum for the student to critically examine her/his practice.

#### Fieldwork Visits By College Supervisor Week 1 of placement

College supervisor contacts Fieldwork Educator and establishes a date for first visit.

#### Week's 2-3 First visits

College supervisor meets student alone to gain understanding of student experience. College supervisor meets field educator alone to gain understanding of their experience. After that a joint meeting is held with student and field educator to share and resolve any issues in the placement. After that a date is arranged for the second visit.

#### Weeks 7-8 Mid Placement Visit

College supervisor meets with student and field educator together to review and discuss learning opportunities and plans for remainder of placement. College supervisor arranges to send evaluation form to field educators.

### Fieldwork And Block Placement Hours

- The placement is for a minimum of 130-150 hours (approximately 16 weeks). This time includes two hours per week for reading relevant literature. In addition to these hours, students attend Orientation, Skill Lab and Consolidation.
- The students attend the organisation two days per week (Tuesday and Wednesday), 6.5 hours per day.
- The block placement is for a minimum of continuous 4 weeks, (Monday to Friday), 6.5 hours per day for 200 hours.



## Social Work Study Lab-Camps

With each camp, it is divided and has to go through three phase i.e. precamp, camp and post camp respectively to meet the mandatory of Social camp.

#### Neighbourhood Study Lab

It is conducted on the periphery of Kathmandu Valley and is of 1 credit which corresponds to 16 lectures hours. It is completed during the 2nd semester of the BSW programme and conducted up to 5 days. Students practice Micro and Mezzo social work in which they involve in neighborhoods, institutions, smaller groups and practice directly with an individual or family.

The main objective of the camp is to gain knowledge/skills in group work and in identifying neighborhood issues (by doing households survey, social and resource mapping). It enhances the students' competency in developing community profile.

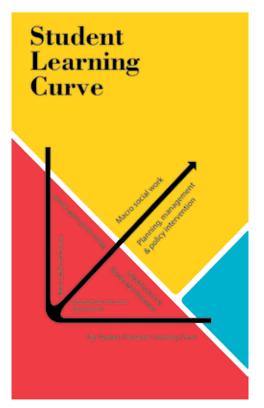
#### Rural Study Lab

It is conducted in the rural places of Nepal. It consists of 2 credits which are corresponding to 32 lecture hours. It is completed during 5th semester for 12 days. It is focused on Mezzo social work practise which include community, family and focus on institution.

The main objective of this rural camp is to understand the rural social system, issues and community development activities and practice social actions (campaigning, advocacy, mapping, recreation therapy etc) learnt in classroom.

#### **Urban Study Lab**

It is conducted in urban scenario (city) or outside Nepal. It is also aims to provide students international exposure with study tour. It carries 3 credits which correspond to 48 lectures hours. It is completed in 8th semester of the course programme for 15 days. Students practice macro social work with large groups of people, communities, cities and major institutions where the students gain knowledge about the policy of major institutions. The main objective of the urban camp is to exploration of urban issues, exposure to various NGO/INGO and Governmental organizations in urban context and to understand the urbanization process in depth. It also aspires to provide exchange opportunity of students to international students and universities outside Nepal.





### International Process



#### Pre-departure

Prior to the student departing from their country, the KMC Campus Chief communicates with the relevant international faculties of respective Colleges, and student if possible, to ensure all parties have a shared understanding of expectations. This sharing of assessment documentation and the student's areas of interest assist KMC to source an appropriate fieldwork organization and ensure that the staff are familiar with assessment requirements. The relevant and required documents are shared amongst both institution or with the student applying personally.

#### On arrival

KMCSM staff receive students at Tribhuvan Airport and take them to the place for accommodation which is arranged by the incoming students or asked to arrange for them by KMCSM. Student buddies are allocated to assist students to settle into their new environment. The buddies' role commences the first day when they bring the student to KMCSM for an Orientation program (they can assist with getting Mobile Sim cards, orientation of area etc). Students participate in an orientation program with areas covered including practicalities such as the location of public transport, cultural aspects of Nepal and basic Nepali language. Students are then taken to their fieldwork placement organisation to meet staff prior to them commencing the placement.The students meet with their KMCSM supervisor to discuss supervision requirements/procedures.

## International Social Work Field Practicum

Kadambari hosts International Social Work field practicum of BSW and MSW students from universities aboard and host International Study Tour. The international study programs are tailored to match the needs of the respective educational institution of the students' country of orgin. KMCSM has gathered good experiences in working together with the university team aboard to expand and enhance the experiences and also the knowledge and competency of the international students in Nepal placement. KMCSM has developed International Field Work guide book guide the students to the placement or study tour.

### Field Placement

KMCSM assigns supervisor to provide supervision as per the student's educational institutions' requirements. If available, students provide assessment documents related to their previous fieldwork experience to their respective supervisors. This assists the supervisor to work with the student to build on prior knowledge/skills or provides documents related to their current field work placement. Depending upon the requirement of the university aboard, the supervisor arrange meeting (via Skype if possible) with the fieldwork contact person at the student's educational institution. This will occur again in their mid placement. Ideally, this would also involve the on-site Fieldwork Supervisor.



#### Consolidation

The respective supervisors fill out the respective documents and send to the university in sealed envelope or online submission. The outgoing students present their learning to KMCSM faculty members and students.

## International Study Tour-nepal



KMCSM hosts international students in a short term, Nepal study program. The duration of the program depends on the requirement of the Universities. The KMCSM campus chief work with international partners to develop an itinerary that provides learning opportunities for students and meets international assessment requirements.

KMCSM has successfully hosted study tour in 2016 for students of Griffith University, Australia. The group participated in a 21 day program, engaging in micro, mezzo and macro aspects of social work in Nepal. The learning for many in the group was described as a life changing experience. In 2018 KMC hosted students from Singapore University of Social Science (SUSS). The group participated for 12 days, where they conducted awareness program of children with disabilities through Muriel act in Padma Kanya School, a Government School in Kathmandu and Students of SUSS College built Disable friendly washroom as well. In the same year, another study program of Curtin University was hosted for 5 days with social work camp in Helambu and other activities in Kathmandu.



The learning for many in the group was described as a life changing experience.

## College Extended Program

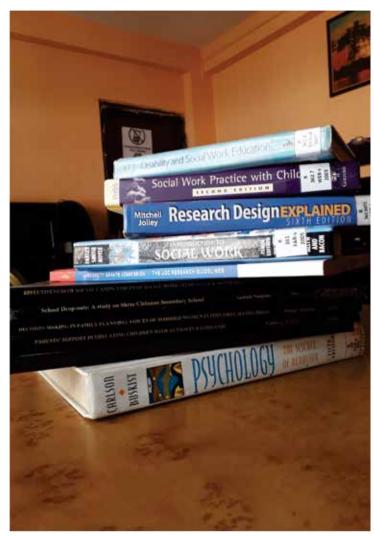
KMCSM believes in nurturing students with curricular and co curricular experiences. For this different programs are designed to enrich and enhance the caliber of every individual students.

Active Sundays: Every Sunday at KMCSM is activity day. The Sundays are divided into Students' Day, 3D Discourse/ Human Library Day, Documentary Day and Outreach Day. These days have specific theme to engage students. The days are aspired to develop intra and interpersonal capabilities of students from different resources of play, arts, personal sharing, discussion, debate, films and visits. Each program has its own flavor and capacity to empower students by discovering their inner strength and potential. This has encouraged young students to be creative, versatile and let them bloom with their own potential.

College with Community: CWC is a practical learning space initiated by the college with the aim to strengthen the college's relationship with the local and broader community and enhance the students learning from experiential community engagements. The students experiment their own idea or work on their own in mini community engagement projects and events. This is the social lab of KMCSM.

Training, Workshop and Conferences: KMCSM link with various resource person and agency to provide workshops and training in different aspects of social work and leadership. Art is integral part of social work in KMCSM. Training workshops on making of short film, theater, drawing, painting, community art etc. are the regular component of training to students. KMCSM organized national and international conferences which allow students to build their capacity from national and international exposures while they study.

## Centre Of Research Development & Innovation



KMCSM has initiated an unit to involve its faculty members and visiting faculties in academic research , development of academic program and innovating means to enrich its educational practice and research to established quality higher education . In the past, KMCSM has conducted evaluation and monitoring of Sanrakschan Project for two years with Griffith University, Australia. It has also collaborated with The Ohio State University and University of Utah, USA to conduct research on Experiences of sex work and sex trafficking in Kathmandu. Recently it has carried out evaluation and monitoring of project on Children Right to Parental Care in Nepal. The unit is working toward scaling up of social work curriculum with practice based classroom as skill lab and student involved faculty research and agency researches.

## Kadambari Partners & Collaborators

National Collaborators: National Human Rights Commission, National Women's Commission, Government Agencies, Nepal Police (Community Police), Kathmandu Metropolitan City, Hospitals ( Autism Care, Leprospy Mission)

#### International Partners

- Griffith University, Australia
- Ohio State University and University of Utah, USA
- Durham University, UK.
- University of Birmingham, UK
- SUSS, Singapore
- Curtin University, Australia
- University of Queensland, Australia
- University of British Columbia, Vancouver
- Loyola College of Social Sciences, Kerala
- Don Bosco College, Goa
- MS University, Baroda
- Raja Giri College, Kerala
- University of Karnataka

#### Membership

- United Nation Academic Impact (UNI)
- International Association of School of Social Work (IASSW)
- $A sia\ Pacific\ University\ Community\ Engagement\ Network\ (APUCEN)$
- Social Worker Association of Nepal (SWAN)





Faculty Topper of Art among the country, 2072 Awarded with Nepal Chatra Vidhya Padak (Certificates of excellence) from the president of Nepal in 2015.



